

Drowning Prevention & Water Safety Tips



- Create a verbal cue for your toddler or child that must be given by you before he or she can enter the pool.
- Never allow your baby/toddler in the pool without a swim diaper.
- Create a process the child must go through before entering a pool such as putting on a swim diaper, a swimsuit and applying sunscreen.
- Never use floatation devices or water wings when swimming or when teaching kids to swim.
- Children should learn to swim without goggles. Teach your

children to open their eyes under water; if they fall in they can find the side of the pool or a step and get out safely.

- For very young children practice having them put their entire face under water in the bathtub and blow bubbles to build their comfort with water.
- Create a water safety plan for your family and have water emergency drills with your kids covering how to recognize the signs of someone struggling in water and what to do in this type of emergency.
- Make sure your guests and kids friends know your pool rules before they go outside and get in the pool.
- Start swim lessons at 6 months of age and continue them year-round at a US Swim School member location.
- Always make sure your children wear life jackets on boats, watercraft and in open bodies of water.

Parent Reminders

- Tell us when you are going on vacation. (There is a vacation sheet in the foyer)
- **Annual Registration Fee** (\$30 per child with \$10 multi-child discount) is due by Friday, Aug. 9

CORRECTION: JUNE BIRTHDAYS



Ruger French- June 8
Hadley Upright- June 15
Walker Temple- June 18
Mandy Safrit (staff)-June 20



Eden Roseman- July 5
Mason Mejia- July 11
Lawson Phelps- July 16
Keon Washington- July 24
Cole Hughes- July 28
Emmy Safrit- July 31

Community Events

- July 12: Movies in the Park: *Secret Life of Pets*, Village Park, 8:30-10:30 p.m.
- July 13: Stories Under the Stars: *Professor Whizzpop*, Village Park, 7-8 p.m.
- July 13: Princess Party, Triple Threat Dance, 2:30-4:30 p.m.
- July 20: Farmer's Day, Downtown China Grove, 9-4
- July 20: Concert in the Park: *Morris Day*, Village Park, 7-10 p.m.
- July 26: Movies in the Park: *Hotel Transylvania III*
- July 27: Rowan Chamber Dragon Boat Festival, The Shrine Club, High Rock Lake, 9 a.m.-3 p.m.

Pete's Post

Pete the office cat has been going outside some. He got himself a boo-boo on his leg and has been wearing a cone.

