

South Rowan Academy Discipline & Behavior Management Policy

Date Adopted: January 2001

Praise and positive reinforcement are effective methods of the behavior management of children. When children receive positive, non-violent, and understanding interactions from adults and others, they develop good self-concepts, problem solving abilities, and self-discipline. Based on this belief of how children learn and develop values, this facility will practice the following discipline and behavior management policy:

We:

1. DO praise, reward, and encourage the children.
2. DO reason with and set limits for the children.
3. DO model appropriate behavior for the children.
4. DO modify the classroom environment to attempt to prevent problems before they occur.
5. DO listen to the children.
6. DO provide alternatives for inappropriate behavior to the children.
7. DO provide the children with natural and logical consequences of their behaviors.
8. DO treat the children as people and respect their needs, desires, and feelings.
9. DO ignore minor misbehaviors.
10. DO explain things to children on their levels.
11. DO use short supervised periods of "time-out"
12. DO stay consistent in our behavior management program.

We:

1. DO NOT spank, shake, shove, bite, pinch, push, pull, slap, kick, or otherwise physically punish the children.
2. DO NOT make fun of, yell at, threaten, frighten, humiliate, bully, make sarcastic remarks about, use profanity, or otherwise verbally abuse the children.
3. DO NOT shame or punish the children when bathroom accidents occur.
4. DO NOT deny food or rest as punishment.
5. DO NOT relate discipline to eating, resting, or sleeping.
6. DO NOT leave the children alone, unattended, or without supervision.
7. DO NOT place the children in locked rooms, closets, or boxes as punishment.
8. DO NOT allow discipline of children by children.
9. DO NOT criticize, make fun of, or belittle children's parents, families, or ethnic groups.
10. DO NOT discipline a child by assigning chores that require contact with hazardous materials.
11. DO NOT require or withhold physical activity, such as run laps or do push-ups, as punishment.
12. DO NOT restrain a child as discipline unless the child's safety or others' safety is at risk. "Restraining" means a child is held down physically, restricting a child's movement by heavy objects, a caregiver's body, or such devices as straps, blankets, car seats, or cribs.

Additional resources that can assist with children's behavioral challenges:

- **Triple-P Parenting:** <https://www.triplep-parenting.com>, email: THHparenting@gmail.com;
- **The Terrie Hess House Child Advocacy Center:** www.preventchildabuserowan.org
- **1-2-3 Magic:** <https://www.123magic.com>
- Helpful Articles from National Association for the Education of Young Children
 - <https://www.naeyc.org/our-work/families/observation-key-to-understanding-your-child>
 - <https://www.naeyc.org/our-work/families/understanding-and-responding-children-who-bite>
 - <https://www.naeyc.org/resources/pubs/tyc/apr2018/backpack/guiding-your-childs-behavior>